





Mon 1	Tue 2	Wed 3	Thu 4	Fri 5
		Chicken Nuggets BBQ Sauce-pc Ketchup-pc Brown Rice New York State Green Beans Peanut Butter and Jelly Sandwich (alternate)	French Toast Sticks Sausage Patty Hash Brown Patty Chicken Salad Sandwich (alternate)	Whole Grain Stuffed Crust Pizza Romaine Salad w/Lite Italian Dressing Juice-Assorted Turkey & Cheese Sandwich (alternate)
Mon 8	Tue 9	Wed 10	Thu 11	Fri 12
General Tso Chicken Brown Rice Steamed Broccoli Edamame Bean Salad Ham & Cheese Sandwich (alternate)	Mozzarella Sticks Marinara Sauce Garlic Bread New York State Carrots Salami and Cheese Sandwich (alternate)	Cheeseburger Alt-Veggie Burger Pickles Crinkle Cut French Fries Bologna & Cheese Sandwich (alternate)	Nachos w/Meat and Cheese Sour Cream pc Salsa New York State Corn Refried Beans Egg Salad Sandwich (alternate)	Whole Grain Stuffed Crust Pizza Romaine Salad w/Ranch Dressing Juice-Assorted Turkey Salad Sandwich (alternate)
Mon 15	Tue 16	Wed 17	Thu 18	Fri 19
Chicken Tenders BBQ Sauce-pc Ketchup-pc Biscuit-small Peas Roast Beef & Cheese Sandwich (alternate)	Grilled Cheese Alt. Grilled Cheese w/Ham Macaroni Salad w/Italian Dressing Baby Carrots Chicken Salad Sandwich (alternate)	Meatballs w/Sauce New York State French Bread New York State Green Beans Tuna Salad Sandwich (alternate)	Chicken & Cheese Quesadilla Alt-Bean & Cheese Quesadilla Black Bean & Corn Salad Lime Cilantro Rice Hummus Wrap (alternate)	Whole Grain Stuffed Crust Pizza Romaine Salad w/Caesar Dressing Juice-Assorted Turkey & Cheese Sandwich (alternate)
Mon 22	Tue 23	Wed 24	Thu 25	Fri 26
Popcorn Chicken BBQ Sauce-pc Ketchup-pc Dinner Roll Sweet Potato Fries Ham & Cheese Sandwich (alternate)		Macaroni and Cheese Cucumber & Tomato Salad Salami and Cheese Sandwich (alternate)	Soft Taco w/meat and cheese Brown Rice Refried Beans Egg Salad Sandwich (alternate)	Whole Grain Stuffed Crust Pizza Romaine Salad w/Lite Italian Dressing Juice-Assorted Turkey Salad Sandwich (alternate)
Mon 29	Tue 30			
Sweet & Sour Chicken Steamed Broccoli Fried Rice Roast Beef & Cheese Sandwich (alternate)	Waffle Canadian Ham Seasoned Home Fries Bologna & Cheese Sandwich (alternate)			

Fruit Apple - Apple Juice 4oz Carton - Apple Slices-packaged - Applesauce - Banana - Blueberries-Frozen - Cantaloupe - Dried Cherries - Fruit Cocktail-Canned - Fruit Punch Juice 4 oz Carton - Grape Juice 4oz Carton - Honeydew Melon - Mixed Berries-Frozen - Orange - Orange Juice 4 oz carton - Peaches-Canned - Pear - Pears-Canned - Pineapple-Canned - Plums - Strawberries

Menu Subject to Change - Allergen information for menu items is available

ALL Students are eligible for 1brkfst & 1 lunch daily at no cost

Condiments BBQ Sauce-pc - Ketchup-pc - Mayo-pc - Mustard-pc - Honey Mustard - Ranch Dressing - Italian Dressing - Frank's Hot Sauce

Milk 1% Milk - Chocolate Milk - Fat Free Milk

MS-Alternate Entrees Chicken Cutlet Sandwich - Italian Combo (alternate) - Hamburger - Cheeseburger - Peanut Butter and Jelly Sandwich - Veggie Burger

Secondary Breakfast(\$0.00)

Secondary Lunch(\$0.00)

Milk(\$0.75)

View more: <http://schools.mealviewer.com/school/NewPaltzMiddleSchool>

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